

Catherine McAuley Catholic Primary School

Orange

McAuley VI

www.mcauleyorange.catholic.edu.au

Term 4 -Week 2 - 18th October 2017



Our Lady of the Rosary Fatima:

A big thank you to Mrs Robyn Petty, our musicians, teachers, children and parents who were able to attend the Parish procession and Mass for Our Lady of the Rosary Fatima. It was a amazing experience with a large crowd gathered for the procession and Mass. It was fantastic to see McAuley represented so well and proudly being part of this Parish celebration. The new statue of Our Lady of Fatima was blessed in the school grounds and then walked to the church where it will remain.

Small Steps Presentation for Anxiety in Children:

There will be a free Presentation on Anxiety in Children on Monday 23rd October in the McAuley School Library from 6:00pm – 7:00pm. Please enter the school grounds through the double gates between the School Office and Kenna Hall. The presentation has been organised by Natalie Single through Centacare Bathurst. The teachers will take part in a similar session earlier in the afternoon in their staff meeting. Anxiety is prevalent in our society and in our schools today. It is important that we are aware of strategies to assist children to cope in their fast changing world. Everyone is welcome to attend. Hope to see you there. Please see the flyer in this newsletter.

Mission Week:

Over the first two weeks of Term 4 the students and teachers focus on praying for, raising awareness of and raising money to support those who are less fortunate than ourselves. Thank you to Mrs Robyn Petty, all the teachers and students for all the effort they put into this week with Mass, Deny & Donate, Fun Day, Colour Explosion and all the prayers and activities. Thank you in advance for the generosity the McAuley family shows at this time of year.

Steve Maguire

EXECUTIVE STAFF

Principal

Michael Croke

Assistant Principal

Steve Maguire

Religious Education Coordinator

Robyn Petty

Primary Coordinators

Belinda Forbes

Camille Da Silva Tavares

Catherine McAuley



***See how quietly the great
God does all his mighty
works.***

Catherine McAuley 1778-1841

McAuley School Rules

Faith: God's rules are: 1. Love God
2. Love others - treat others how you want them to treat you.

Justice: Make positive choices.

Respect: Respect yourself, others and the school environment.

Service: Help others in our school and the world.

Learning: Learn and let others learn.

From the Assistant Principal

Whole School Assembly: 5L will present their work at the next Whole School Assembly this Friday 20th October commencing at 12:15pm in Kenna Hall. All welcome.

NSW PSSA Athletics: We wish Taj Jordan and Jack Dean the best of luck this week when they travel to Sydney to represent Polding at the NSW PSSA Athletics at Homebush.

Professional Learning: Thank you to Mrs Belinda Forbes and Mrs Trish Aumuller for presenting at our Staff Meeting this week. Mrs Forbes ensured all teachers are aware of their responsibilities in an evacuation or lockdown. We will have a practice of these in coming weeks. This is important to keep our children safe if the need ever arises. Mrs Aumuller challenged teachers and offered assistance to find ways to bring our MCCL (contemporary learning practices) into our classrooms. This will benefit the children develop skills needed in the ever changing world.

School Based Postive Behaviour for Learning (SPB4L): A committee of teachers are currently working with Vicki Hagney from the Bathurst CEO to develop SPB4L at McAuley. The group meet each fortnight and have had a day to start the journey. The focus is on making the expectations clear in many settings be it classroom, playground, excursions, Mass etc These expectations will be taught to the children regularly. More information to follow. Thanks to the following teachers on the committee: Mrs Marg Wright, Mrs Debbie Prestwidge, Mrs Jennene Carpenter, Mrs Georgie Haydon, Mrs Anne Mulligan, Mrs Helen Croke, Mr Scott Hudson, Mrs Anne Allan, Mrs Trish Aumuller, Mrs Bel Forbes, Mr Steve Maguire & Mr Michael Croke.

Arriving Late at School: A reminder to parents and guardians of the need for children to arrive on time at school. We have protected learning time between 9:00am and 11:00am because this is the optimal learning time at school when the children (and teachers) are fresh. If a child arrives late it is extremely disruptive and learning is often paused when the teacher has to explain to late comers what has already been explained. We acknowledge that there are one off times when it is unavoidable that children are late. However we request that children are always at school before the 8:55am warning bell when children move to classrooms or lines.

Year 6 Canberra Excursion: The Year 6 teachers have begun preparation for the Year 6 Canberra excursion that will take place on Thursday 2nd & Friday 3rd November. As it is a big responsibility to take over seventy children away over night all Year 6 children must behave appropriately at school and all school functions to experience the great privilege. Parents of children who are not exhibiting expected behavior will have to agree to a contract that stipulates that the child won't attend this excursion if their behavior continues to be unacceptable.

Uniform Policy:

A reminder that we have a "shirts out" policy for boys when wearing their summer uniform in Term 4. Children must be in full winter or summer uniform not a combination of both. Please ensure names are on ALL jumpers as these are often worn in the morning and taken off during play at this time of the year.

FOCUS FOR THE WEEK:

Keep Toilets Clean and Tidy:

Our focus for this fortnight is to keep out toilets clean and tidy and this comes from our school rule of RESPECT. Children are not permitted to play in the toilets under any circumstances. Children should use the toilet wash their hands and exit immediately. If there is any mess in the toilet, things broken or toilets aren't clean and tidy it should be reported to a teacher immediately.

Term 4 Hat Policy: Children must wear a "SCHOOL HAT" during Term 4 or stay in the shade during any play time. Children in Kindergarten & Year 1 without a hat will play under the COLA or Kindergarten & Year 1 Eating Area. Year 5 & 6 children without a hat will play in front of the Year 5L & 5H classrooms undercover and Year 2, Year 3 & Year 4 children without a hat will play under the "big tree" or stay under the shade cloth in "Area D" and "Area E" on the Byng St site.

Disco Details

Thursday 19th October 2017

K - Year 2	5:00pm - 6:00pm
Year 3 - 5	6:00pm - 7:30pm
Year 6	7:30pm - 8:30pm

Cost is \$2 and is to be paid on the night which includes a drink and a packet of chips.

Parents are to drop children off in the foyer of Kenna Hall and pick them up at the finishing time in the area between the school and Kenna Hall.

Steve Maguire



From the Religious Education Coordinator



Mission Week: The children have been working really hard over the past two weeks to learn a great deal about our Mission focus country, Uganda. This week we have really seen the spirit of Catherine McAuley present through our Mission activities! Yesterday children gave up

their Recess to “Deny and Donate” non-perishable items to children here in Orange who are struggling. This activity gave them a chance to both begin to appreciate what it must be like to have so little food available to them, as well as donate to others in our local community. Tomorrow we will celebrate a Mission Mass which highlights the needs of these children in Uganda. We look forward to you joining us in this celebration.

“Fun Day”: We are all excited about our Fun Day today, and what a wonderful experience it was! The children had a fantastic day today with all the “Fun Day” activities, and I think the Kinder children were totally fascinated by their first experience of these great activities. I just loved how everyone got into the spirit of things! Our wonderful week will conclude on Friday, with “Colour Explosion Day”. Students are asked to wear clothes that are very colourful, which will look wonderful (**no coloured hair spray though please!**)! Lets continue to have fun this week, while we raise money to help those with so little.

Sacrament of Reconciliation: This term our Year 2 will be receiving their First Reconciliation on 14th and 15th November. Please keep these children and their teachers in your prayers as they continue to prepare for this very special Sacrament.

Our Lady of the Fatima: A huge thank you to those children, parents and teachers who were able to come along and help with the very special celebrations of Our Lady of Fatima last Friday. This occasion marked the centenary of the conclusion of the apparitions of the Blessed Virgin Mary to three children at Fatima. It was a wonderful Parish celebration with the blessing and installation of a new statue of Our Lady of Fatima in St Joseph’s Church. Fr Greg expressed his gratitude to those in the school community who were able to join with the Parish to make this such a special occasion.

Let us pray, through the intercession of Mary, the model of humble and joyful evangelisation, that the Church may become a welcoming home, a mother for all peoples and the source of rebirth for our world.

From the Vatican, 8 June 2014

October – the Month of the Rosary: October is the month in which we remember Mary and her call to say the Rosary. In his letter below, our Bishop, Michael McKenna invites us to rediscover the Rosary.

A Message from the office of Bishop McKenna

Dear Friends in Christ,

I have a simple message for this October: let's rediscover the gift of the Rosary.

This prayer has been around for many centuries. It has been prayed by the most learned, as well as by people who could not read or write. It can be prayed by children, by the very old, and everyone in between. It can be prayed when we feel close to God, but also when we feel far away from faith.

This October, I ask parishes, schools and especially families, to gather for the Rosary. I am grateful for the work that Catholic Education, Diocese of Bathurst is doing to promote this in our schools.

This month is being promoted as a time of prayer and penance for marriages and families. It would be wonderful for this prayer to happen, not just for families, but from families. Even to gather for just one decade would bring great blessing for you and all the Church.

Mary, Mother of the Church, Our Lady of the Central West, pray for us and with us.

+**Michael McKenna**

Liturgies and Masses: Our next Liturgy Celebration will be next Wednesday 25th October when Year 4 have their Grade Mass at 12:30pm. As always, parents and friends are very welcome to join Year 4 for their Liturgy.

Wishing you a wonderful week, God Bless,

Robyn Petty

Post-Confirmation Retreat Day:

Year 6 experienced another wonderful Retreat day with the students from James Sheahan yesterday, this time with a Year 9 group who have been training to run these amazing days. In the excitement of Confirmation, it can sometimes be forgotten that these transforming Gifts of the Spirit are for us to use throughout our lives. Yesterday the Year 6 students were able to see once again the importance of being open to the Spirit, and where we can truly make a difference by bringing Christ to the world. A very special thank you to Mrs Calleja and her team of terrific students.



Year 6 Canberra Excursion

Reminder: Canberra Excursion 2nd & 3rd November.

Departing: 6:10am students need to be at school by 5:45am

Returning Time: This has changed from 6:15pm to 6:30pm.

If anyone has misplaced the original note which outlines the itinerary, times and what students are allowed to bring please see the Catherine McAuley website to find the original note with all relevant details.

Scott Hudson

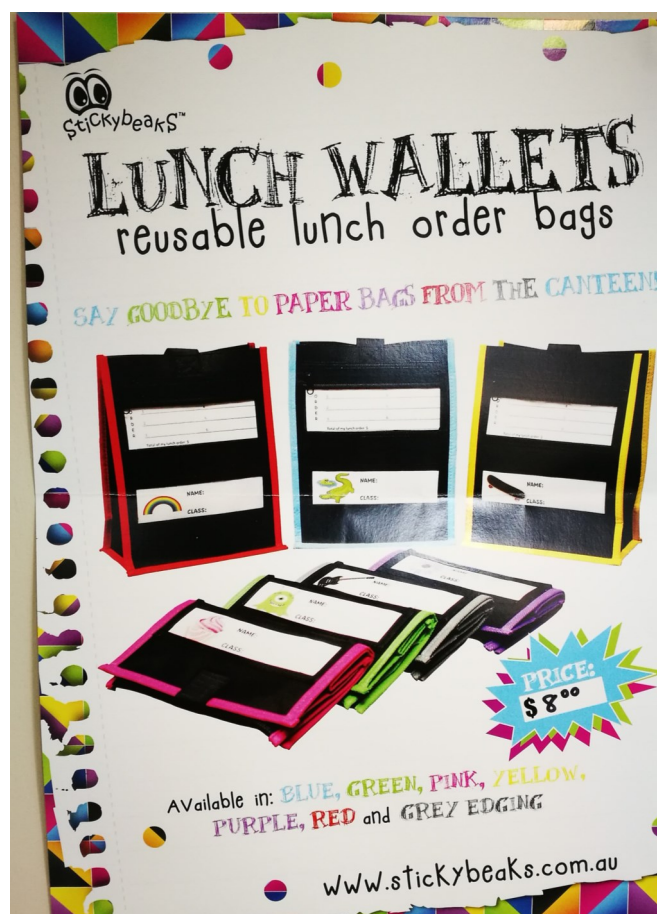


Happy Birthday to the following students who have birthdays this week:

Will Munday
William Rodwell
McCallum Cole
Brooke D'Ombra
Callum Harvey
Emily Ryan
Zali Burcher
Poppy Grinter

Charlie Westgeest
Riley Baird
Kaitlyn Edwards
Juliyat Jojo
Ava Duffy
Nate Kenney
Zac Moore

**Now Available at the
Canteen
\$8.00 each**



Tuckshop Roster—Commencing Monday 23rd October to Friday 27th October 2017

Day	9.30am—11.30am	11.30am—2.00pm
Monday	-	S Bohringer
Tuesday	-	K Fischer
Wednesday	-	-
Thursday	T Scott-Robertson	-
Friday	K Callaghan / P Taberner	N Day / E Kingham



***12:45 - 1:45pm: T Newman / P Crain**

Tuckshop Ph: 6362 0942

You're invited to our Scholastic BOOK FAIR!

Choose from a **huge selection**
of age-appropriate books.



What's the most important skill we can teach our children?

We believe it's **reading.**

When children read, they learn to think critically and creatively. Their vocabulary expands, allowing them to communicate effectively. Even their writing improves. Through reading, children gain a greater knowledge of the world they live in. They build confidence, become more resourceful, and learn to empathise. Reading truly is the gateway skill.

Date Week 2 Term 4 Time Various times - TBA
Place Catherine McAuley School Library.

Every purchase earns free books and resources
for our library—thank you for your support!

 SCHOLASTIC

BOOK FAIR

Our annual Book Fair from Scholastic Australia will arrive Week 2, with lots of wonderful books to buy. You are most welcome to visit the fair at the times listed below.

Don't forget our **Opening night on Wednesday October 18th between 5:30pm and 8:00pm.**

Enter the library via the large gates between the school and Kenna Hall and follow the signs.

The students are also able to visit the fair at lunchtimes.

If you are sending money into school with your child to spend at the fair please ensure it is either in a wallet, ziplock bag or envelope etc. Loose money tends to get lost!

**Wednesday 18/10- 8:15-9:00am & 2:30-4:00pm plus
OPEN NIGHT 5:30-8:00pm**

Thursday 19/10- 8:15-9:00am & 2:30-4:00pm

Friday 20/10- 8:15-9:00am & 2:30-4:00pm

Monday 23/10 -8:15-9:00am

Catherine Bishenden

DID YOU KNOW?

AN ANXIETY DISORDER EFFECTS
ONE IN TEN CHILDREN



ANXIETY IMPACTS ON A CHILD'S
SOCIAL, FAMILY AND SCHOOL LIFE

CHILDREN WITH ANXIETY ARE
GENERALLY NOT DISRUPTIVE
AT SCHOOL OR AT HOME

ANXIETY DISORDERS CAN
BE RESOLVED WITH TIMELY
INFORMATION, TREATMENT
AND SUPPORT

EARLY INTERVENTION MAY
ASSIST IN PREVENTING THE
ONSET OF MORE SERIOUS
PROBLEMS AND ALLOW
CHILDREN TO FINISH SCHOOL

Book a Small Steps
presentation for
your school or
parent group today



Make a Booking

Contact the Small Steps Educator
(02) 9339 6003

julie.leitch@wayahead.org.au

UNDERSTANDINGANXIETY.ORG.AU

Small Steps is a free WayAhead program.



WayAhead is an ACNC registered Australian Charity
and is endorsed by the Quality Improvement Council.



WAYAHEAD WEBSITES

WAYAHEAD.ORG.AU

UNDERSTANDINGANXIETY.ORG.AU

WAYAHEADDIRECTORY.ORG.AU

MENTALHEALTHMONTH.ORG.AU

WAYAHEADWORKPLACES.ORG.AU

STRESSLESSTIPS.ORG.AU

WHAT'S INVOLVED IN A SMALL STEPS PRESENTATION?

The session is run by an experienced mental
health educator from WayAhead.

The presentation covers-

- the difference between 'normal' anxiety and anxiety disorders
- types of anxiety disorders
- signs and symptoms of anxiety disorders
- where to get help

This is followed by a question and answer session.

Presentations run for approximately 1-1.5 hours.

Participants will receive reference materials and
information as well as a recommended reading list.

Small Steps presentations come to you. They are
usually run in the school or a community hall.

EARLY UNDERSTANDING
AND INTERVENTION
CAN MAKE A REAL
DIFFERENCE IN A
CHILD'S DEVELOPMENT

SMALL STEPS

Anxiety Disorders in Children

FREE anxiety awareness workshops for
primary school teachers and parents



SIGNS, SYMPTOMS AND WHAT TO LOOK OUT FOR-

Children, like adults, worry.

But, sometimes worries or anxieties can
develop into a problem - an anxiety disorder.

Do you have a child or student that worries a
lot about illness or what is happening on the
news or even just day to day events? This might
be a sign of **Generalised Anxiety**.

Does your child have repetitive thoughts, or
do they do the same action repetitively, like
washing their hands or constantly erasing and
re-doing their work because it isn't perfect?
These are things that a child with **OCD** might do.

Is your child more than just shy? Is he or she
so shy that they want to avoid social situations?
This could be **Social Anxiety**.

Lots of kids don't like Mum or Dad leaving, but
most grow out of it. But does your student
unreasonably fear that something may happen
to Mum and Dad? This could be **Separation Anxiety**.

Does your student have an uncontrollable
fear of certain objects like buttons or weather
conditions like the wind? This could be what's
called a **Specific Phobia**.

Anxiety is most easily dealt with when a child is
young - the Small Steps workshops will help you
understand the signs and symptoms of anxiety
disorders.

This program is funded by the
Mental Health Commission of NSW.

upcoming EVENTS

Interesting Fact of the Week

In any one week, London Underground escalators travel the equivalent of twice round the world.

Wednesday 18th October - Monday 24th October - Term 4

Book Fair

Tuesday 17th October

Clothing Pool Open - 2:20pm - 3:10pm

Wednesday 18th October

Mission Week Fun Day

Book Fair Opening Night 5:30pm - 8:00pm

Thursday 19th October

Mission Week Mass 10:00am

School Dicso

Friday 20th October

5L Assembly

Year 6 Golf

Liturgy and Mass Dates for Term 4: Below is a schedule for our Masses and Liturgies for next term.

Week 2: Thursday 19th October Whole School Mission Week Mass @ 10:00am

Week 3: Wednesday 25th October Year 4 Grade Mass @ 12:30pm

Week 4: Wednesday 1st November Kinder Grade Liturgy @ 12:45pm

Week 6: First Reconciliation:

Tuesday 14th November - St Joseph's Church

Wednesday 15th November - St Mary's Church

Week 7: Wednesday 22nd November First Reconciliation Thanksgiving Mass @ 12:15pm

Week 10: Tuesday 12th December Year 6 Farewell Mass @ 6:00pm

Wednesday 13th December End of Year Mass @ 12:00noon

Catherine McAuley Catholic Primary School
Orange

Mass Times

St Mary's Church - Saturday 6:00pm

- Sunday 9:30am

St Joseph's Church - Sunday 8:00am

- Sunday 6:00pm

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